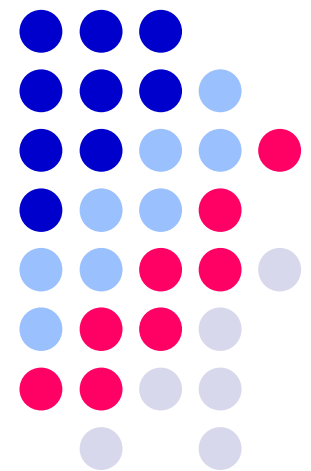
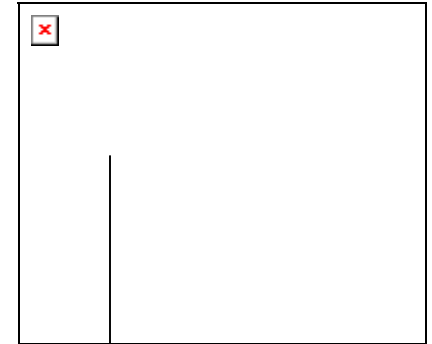
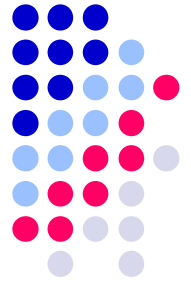


Generating Involvement

‘How can we encourage service users to consider their own physical and mental well being?’

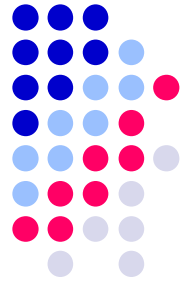


Who are we?



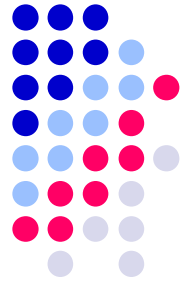
East Kent Cyrenians established in 1974 provides supported housing for single homeless people and floating support for vulnerable people in East Kent

3 Steps to Generating Involvement



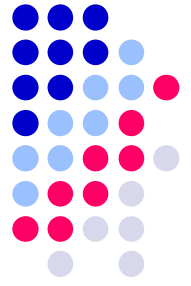
1. **Share Knowledge and Skills**
2. **Create Opportunities**
3. **Ask for, and respond to user led ideas**

3 Steps to Generating Involvement



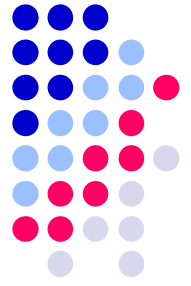
1. **Share Knowledge and Skills** – Training (possibly accredited), sector information including funding, visits, travel costs etc.
2. **Create Opportunities** – Management led to meet needs of organisation and service users, ‘brings people in’, workshops, events.
3. **Ask for, and respond to user led ideas** – Involve SUs in whole development process, allow groups to make own mistakes.

Activities that have developed from this approach include;

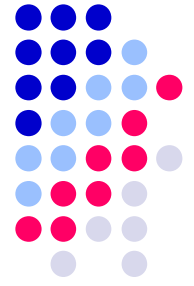


- Walking Group
- Football Team
- Health Promotions Group
- Parkour
- Healthy eating recipe booklet
- Rolling Gym memberships with local Gyms

What effects have these activities had?



- Empowered service users
- Embedded learning
- Gives staff a better way of working
- Meets needs of organisational priorities
- Creates better quality of service
- Services can truly reflect service users needs and wants



Conclusion

- *If you;*
 1. Share Knowledge and skills,
 2. Create opportunities to be involved and,
 3. Seek and then develop service users ideas

- *You can;*

‘Empower and develop your service users, and deliver a better, more needs-led service.’

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